

BROOKLETTS PLACE – TALBOT COUNTY SENIOR CENTER

February 2016

Lunch menus include 8oz 1% Milk & 4oz Juice

Menus shown for Friday & Saturday are for Meals-On-Wheels Clients

NOTE: Lunch is served at Brookletts Place at Noon, Monday through Thursday ONLY

Week 3 Monday 2/1	Tuesday 2/2	Wednesday 2/3	Thursday 2/4	Friday 2/5 MOW ONLY	Saturday 2/6 MOW ONLY
Sweet & Sour Chicken Steamed White Rice Season Mixed Vegetables Diced Pears W.W. Bread w/ Marg. Juice/Milk	Showtime Entertainers w/Steve Moody Navy Bean Soup Turkey & Cheese on Mini Sub Roll Country Kale Pineapple Tidbits Juice/Milk	Meatloaf & Gravy Mashed Potatoes Glazed Carrots Peach Crisp W.W. Bread w/ Marg. Juice/Milk	Chicken & Broccoli Casserole Rice Pilaf Fruit Jello W.W. Roll w/ Marg. Juice/Milk	Beef Stew w/ Potato & Veggies Mixed Greens Prunes Buttermilk Biscuit w/ Marg. Juice/Milk	BBQ Turkey Burger on Bun Potato Wedges Spinach Fresh Banana Juice/Milk
Week 4 Monday 2/8	Tuesday 2/9	Wednesday 2/10	Thursday 2/11	Friday 2/12 MOW ONLY	Saturday 2/13 MOW ONLY
Carpe Diem: Leah Weiss and Gary Wright Spagetti & Meatballs (3) Tossed Salad w/ Dressing Ambrosia Salad Garlic Bread Juice/Milk	Music w/ Laurie Toms Cream of Potato Soup Chicken Tenders (3oz) Peas & Carrots Pears W.W. Bread w/ Marg. Juice/Milk	Baked Fish Cake Scalloped Potatoes Green Beans w/ Diced Tomato Fresh Orange W.W. Bread w/ Marg. Juice/Milk	Lunch w/ Monte Henry Baked Chicken & Gravy Sweet Potatoes Calif. Blend Vegetables Apple Crisp W.W. Bread w/ Marg. Juice/Milk	Low Salt Ham Cabbage Boiled Potatoes Tangerine W.W. Roll w/ Marg. Juice/Milk	Grilled Chicken Breast on Bun Buttered Green Lima Beans Brussels Sprouts Fresh Apple Juice/Milk
Week 1 Monday 2/15 M.O.W. ONLY	Tuesday 2/16	Wednesday 2/17	Thursday 2/18	Friday 2/19 MOW ONLY	Saturday 2/20 MOW ONLY
Oven Fried Chicken Au Gratin Potatoes Green Beans Peaches W.W. Bread w/ Marg. Juice/Milk **CENTER IS CLOSED**	Shelley Abbott Tuna Salad Platter Macaroni Salad 3 Bean Salad Fruit Cup W.W. Crackers (6) Juice/Milk	Open Hot Turkey Sandwich & Gravy on W.W. Bread Mashed Potatoes Peas and Carrots Apricots Juice/Milk	Hamburger on Bun Vegetable Medley Baked Beans Mandarin Oranges Juice/Milk	Baked Tilapia Brown Rice Steamed Butter Spinach Pineapple Corn Bread Juice/Milk	Beef, Tomato & Macaroni Casserole Side Salad w/ Cucumbers, Dressing Fruit Cocktail Garlic Bread Juice/Milk
Week 2 Monday 2/22	Tuesday 2/23	Wednesday 2/24	Thursday 2/25	Friday 2/26 MOW ONLY	Saturday 2/27 MOW ONLY
Lunch w/ TiShawna Nesbit Sloppy Joe on Bun Potatoe Rounds Steamed Broccoli Applesauce Juice/Milk	Chicken Caesar Salad Tomato Wedges (3) Dressing Potato Salad Banana W.W. Crackers (6) Juice/Milk	Minestrone Soup w/ Beans Chicken Salad Cole Slaw Melon Cup W.W. Crackers (6) Juice/Milk	Baked Rock Fish Macaroni and Cheese Peas Peaches W.W. Bread w/ Marg. Juice/Milk	Veal Parmesan Buttered Egg Noodles Green Beans Fresh Orange W.W. Roll w/ Marg. Juice/Milk	Spinach Quiche Baked Beans Winter Vegetable Blend Raisins Juice/Milk

Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.

Week 3 Monday 2/29	Tuesday 3/1	Wednesday 3/2	Thursday 3/3	Friday 3/4 MOW ONLY	Saturday 3/5 MOW ONLY
Sweet & Sour Chicken Steamed White Rice Season Mixed Vegetables Diced Pears W.W. Bread w/ Marg. Juice/Milk	Navy Bean Soup Turkey & Cheese on Mini Sub Roll Country Kale Pineapple Tidbits Juice/Milk	Meatloaf & Gravy Mashed Potatoes Glazed Carrots Peach Crisp W.W. Bread w/ Marg. Juice/Milk	Chicken & Broccoli Casserole Rice Pilaf Fruit Jello W.W. Roll w/ Marg. Juice/Milk	Beef Stew w/ Potato & Veggies Mixed Greens Prunes Buttermilk Biscuit w/ Marg. Juice/Milk	BBQ Turkey Burger on Bun Potato Wedges Spinach Fresh Banana Juice/Milk

Suggested contribution for lunch is \$2.75 for those 60 and older. Those under 60 are required to pay \$5.50.